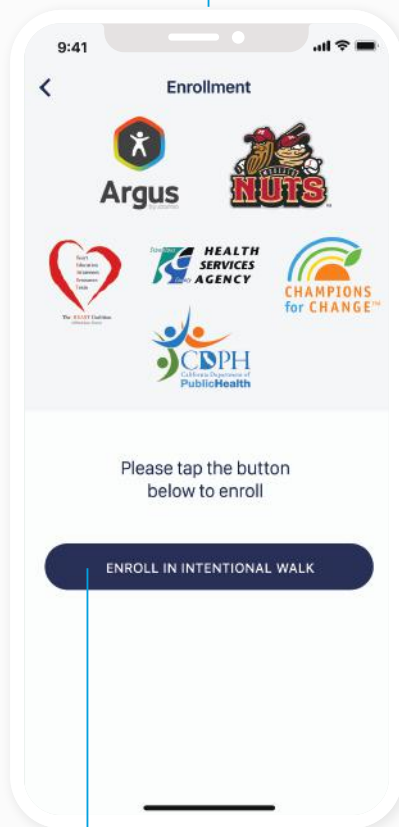




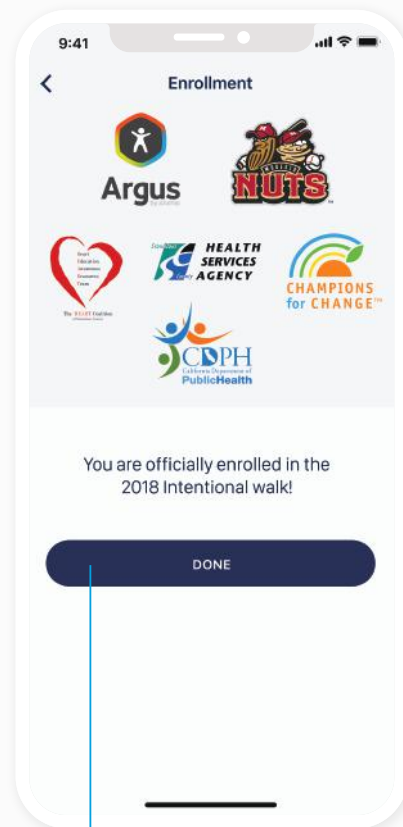
Argus Intentional Walk Challenge Registration

Register for Argus Create account & enroll

Click on the Intentional Walk Registration Link



Tap on "Enroll in Intentional Walk"



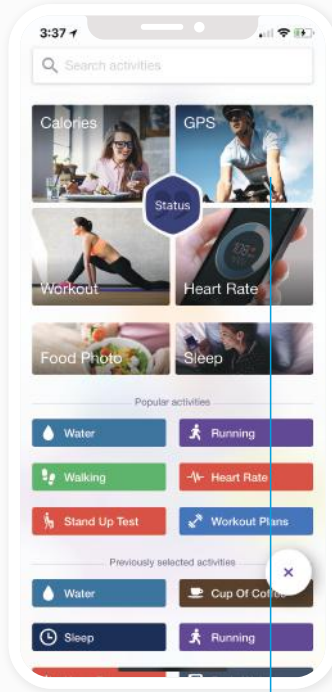
Tap "Done" and enter Argus application

Start your activity

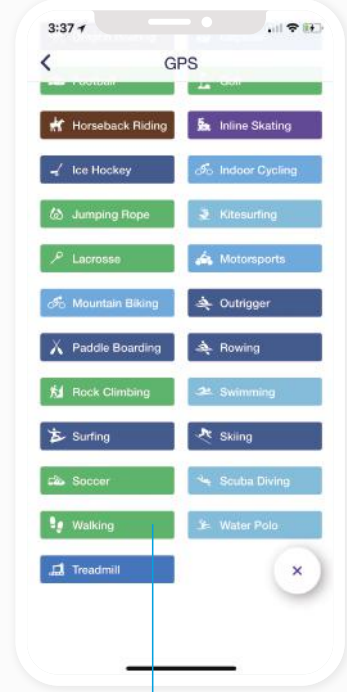
Track your walk



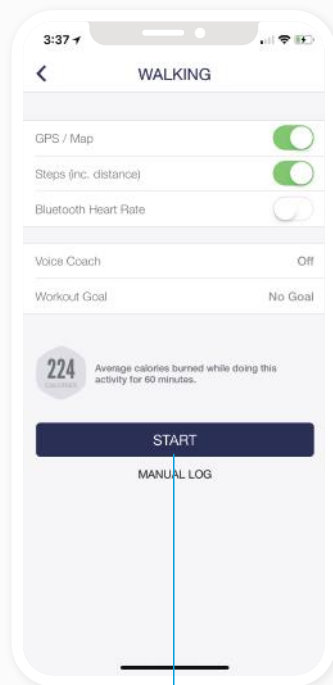
Tap "+" button
in bottom right corner



Tap into "GPS"



Scroll down and
tap into "Walking"



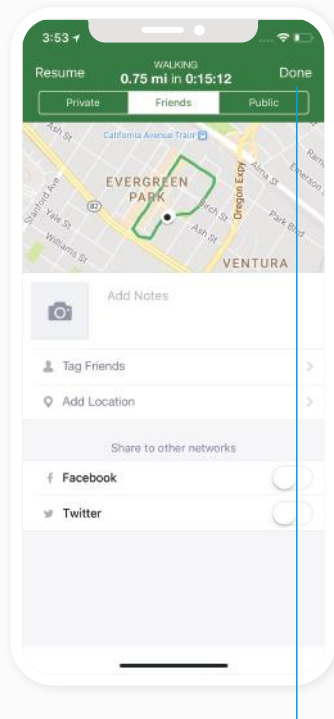
Tap "Start" button



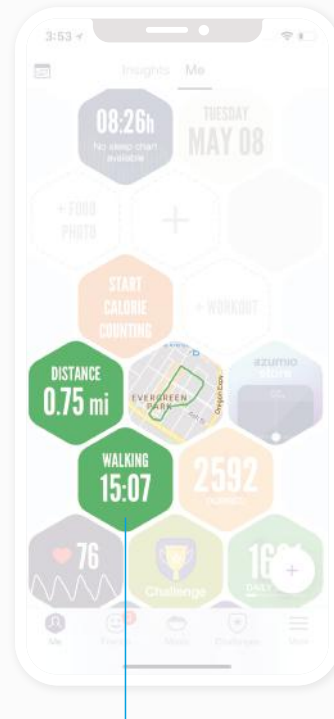
Tap the "Pause" button at the
bottom when finished with walk



Tap the "End" button
to finish logging



Fill out entry info (optional)
and tap "Done"



Your walk will show in your
Me feed